



ADD-ON COURSE

ON

A HISTORICAL OVERVIEW OF BENGALI FOOD & CUISINE WITH SPECIAL REFERENCES TO WOMEN IN THE KITCHEN

Offered by

**Department of History
Hazi A. K. Khan College
Open to All History Honours Students
2020-2021**

- ❖ **Course Objective:** Cooking is a basic life skill, which everybody should know. The Course intends to break the stereotype that household chores especially cooking should be done by women and to create interest among all students irrespective of their genders. After completing this course students will be familiar with the-
 - Food habits of Bengali during ancient and medieval period
 - Different types of Bengali foods and cuisine
 - Influence of Islamic and European culture on food habits
 - New trends in food culture
 - Transition of women from home maker to successful business women in cooking
- ❖ **Course Duration:** 30 hours
- ❖ **Assessment process:** Students will be graded on Course-end Assessment
- ❖ **Course Coordinator:** Dr. Piyali Dan, Assistant Professor of History
- ❖ **Course Design:**
 - **Module I: Bengali Food in Ancient & Medieval Period: Textual References**
 - **Module II: Characteristics of Bengali Cuisine**
 - **Module III: Culinary Influences: introduction of various foods, spices, vegetables and cooking style**
 - **Module IV: Women in the Cooking: Journey from Home maker to Successful Business women**
 - **Module V: Transition in Food Culture**

No Course Fee